

The Royal Scottish Country Dance Society

Peterborough & District Branch



Chairman: James Williams; **Vice Chair:** Amanda Peart; **Treasurer:** Mandy Baxter; **Secretary:** Sheila Lewins,
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Newsletter August 2021



We are so glad to be back after such a long spell of no dancing at all!

Our advice is to take things slowly; some of you may wish to walk rather than dance initially.

Please read our advice on staying safe from Covid at classes/events, at the end of this Newsletter.

Peterborough & District RSCDS (PRSCDS) Tuesday Classes

Unfortunately, we cannot use our usual venue during the month of September. Tuesday class on

7 September, 14 September, 28 September, 7.30 pm – 9.30 pm,

will therefore be held at

Highgate Hall, Elton, PE8 6RU

(Note: There will be no class on 21st September.)

Then, from **5 October – 14 December, 7.30 pm – 9.30 pm,** Tuesday class will be at

St Mark's Church Hall, Peterborough PE1 2SN

Dancers: please take the return to dancing slowly and aim to be present at class in time for the warm-up, or alternatively do your own warm-up before class – we don't want any injuries/pulled muscles.

PRSCDS Thursday Classes

There will be a **general class** on

Thursday 30 September, 7.30 – 9.30 pm, at

Colonel Dane Memorial Hall, Church Street, Alwalton PE7 3UU

Teaching at this class will focus on the programme for our Saturday dance on 16 October (further details below). **All are welcome on 30 September!**

Advanced classes will be held on the following Thursdays:

21 October and 25 November, 7.30 pm – 9.30 pm, at

Colonel Dane Memorial Hall, Church Street, Alwalton PE7 3UU

Sheila will be sending an email nearer the time to check on advanced dancers' availability on these dates.

Class Fees

Weekly class fees from September 2021: **£3 for RSCDS members; £4 for non-members**
Please help our Treasurer by bringing the correct change if at all possible.

Class Sashes/Bands for ladies dancing as 'men'

We recommend that dancers retain the same sash/band throughout the evening and deposit somewhere safe when 'changing sex' so that they know which one they are using. Brenda Parkes has kindly offered to make up some tartan ones so that we have enough bands for this to happen.

Some dancers may prefer to have their very own band in order to use the same one each time they dance; please feel free to make/purchase your own, preferably with your name attached/sewn on it somewhere to distinguish it from the Branch bands.

Stamford SCD Monday Classes

Stamford SCD resume classes on **Monday 13 September, 7.30 pm – 9.30 pm**, at
Ryhall Village Hall, Church St, Ryhall, Stamford PE9 4HR

Peterborough dancers are very welcome to join these classes, particularly on Mondays preceding 16 October, when Amanda will be going through dances from the Saturday dance programme.
Cost per class is £4.

PRSCDS 40th Anniversary Dance

Saturday 16 October, 4 pm – 8 pm, at

Colonel Dane Memorial Hall, Church Street, Alwalton PE7 3UU

Dancing to Ian Slater, Cost £10, to be paid at the door please

*****Please book your place in advance via Amanda/Sheila: Sheila will be keeping a list of each dancer's contact details.**

Raffle prizes welcome.

Supper after the dance is 'bring and share' or 'bring your own', whichever you feel most comfortable with; we encourage you to bring your own cup and plate, although disposable ones will be available. Dance programme, crib and links to videos can be found on our website:

www.peterboroughrscds.org.uk

We do hope you will be able to join us for this special evening of fun and friendship!

Friday Afternoon Tea Dances

Tea Dance dates are as follows, **3 – 6 pm**, at **Newborough Village Hall, PE6 7RT**, cost £5:

2021: 5 November, 10 December

2022: 11 February, 18 March, 13 May

Tea Dance programmes will be emailed when available and will also appear on our website.

Burns' Supper Dance

St Andrew's Church Hall and our piper have been booked, and the date set:

Saturday 29 January 2022

Further details will be emailed later in the year.

Details of other dancing events may be found on our website, under Area Diary

Covid Advice

Our aim is to keep you all safe during these Covid times, so here are a few things you can please do to help; this is a summary of points recently added to the Branch Risk Assessment and applies to all PRSCDS classes/events:

- If you develop Covid or flu symptoms or generally feel unwell, then please do not attend classes/events!
- If someone in your household has Covid symptoms, but you are well, then please do not attend.
- If you have had contact with someone who has Covid symptoms, or you yourself have symptoms, please follow government advice to self-isolate for ten days.
- We recommend that all attendees at classes/events be double-jabbed against Covid.
- Dancers are asked to please be respectful of others' personal space, particularly when not dancing, as some members may be anxious about attending social events after long spells of lockdown/shielding.
- Please sanitise hands on arrival and throughout the evening, between dances; we encourage you to bring your own sanitiser, although there will be a supply in the hall.
- We encourage you to bring your own cold drink/mug for tea or coffee, although disposable cups will be available.
- Please make sure that we have your current contact details before attending an event.
- If you develop Covid symptoms of any kind following a dancing class/event, please be sure to email/phone: sheilalewins@hotmail.co.uk / 01832 272280 so that others may be informed of a potential close contact.
- Please keep an eye on your emails for news relating to dancing, particularly immediately prior to turning up for a class/event, as cancellations may have to be made.

Class Member News

Happy August birthday to:

Heather Stewart, Kath Tonks, Chris Rea, Kevin Stewart

Happy Silver Wedding Anniversary this month to James and Hazel Williams

All best wishes to Bee Nowell-Smith and Tony Smith who will be moving out of the area soon – good luck for the future and keep dancing, Bee and Tony! We will miss you.

Please make a note of our dancing dates in your diaries and keep your fingers crossed that events may go ahead as planned. We hope to see you all very soon!

